Non-Surgical Face Lift

Treatments that show immediate and long lasting results

Turn Back Time with the Lunch Time Lift

Micro-current/Face Sculpting is the new "lunch time face-lift" that is an effective alternative to plastic surgery. It uses advancements in technologies and there is no down time. Radio waves, or micro-currents, are painlessly penetrated into the skin, emulating "exercise" to strengthen the muscles and provide a more youthful appearance. It also increases circulation to the face, which allows the body to stimulate the production of collagen. Most people see results after their first treatment.

\$75 per treatment or save by purchasing packages!

The number of treatments required vary with skin condition, genetics and age.

Cryo-Stem[™] Skin Cell Therapy

This Cryo-Stem Serum contains every element and constituents of skin! Results are felt instantly as the bovine stem cells, collagen, hyaluronic acid, elastin, vitamins and anti-oxidants penetrate and rejuvenate facial skin cells. Imported from France, the Cryo-Stem Serum penetrates the skin by 90% (no injections needed-pain free) and has a 71% rejuvenation rate! The Cryo-Stem Serum is excellent for other skin conditions such as: eczema, psoriasis, acne, scars, wound healing and post skin cancer removal. \$175 per treatment or save by purchasing packages!

The number of treatments required vary with skin condition, genetics and age.



LED Therapy *

Red or Blue "Light Emitting Diode" (LED) Light Therapy is now available in a tanning bed design. The Red LED Light stimulates the production of collagen and elastin in Rejuvenation your own body to diminish wrinkles and promote

radiant, younger looking skin. Studies have shown that the Red LED Light lessens hyperpigmentation (age/brown spots), reduces pore size, reduces appearance of lines and wrinkles, smooths skin tone and texture, and improves skin firmness and resilience.

The Blue LED Light is excellent for treating acne, which is caused from the acne vulgaris bacteria. We suggest the perfect peel, cryo-stem cell facial and/or the lunch time lift in conjunction with the LED Light Therapy for best results. \$1 per minute (20 minute minimum)

The number of treatments required vary with skin condition, genetics and age.

*This LED Therapy has not been evaluated by the Food and Drug Administration, and this product is not intended to diagnose, treat, or cure or prevent any diseases.









Acne Treatment



Specialties

Ear Candling: Centuries-old practice of ear candling is used to relieve pressure, wax build up and inner ear blockage. \$20

Ionic Detoxification Foot Bath:

30 minute session \$30 - Package - 5 for \$125

Infrared Dry Sauna using Far Infrared (FIR) Heat

Medical studies indicate that FIR is effective for arthritis, rheumatism, muscle spasms, and increases blood pH. FIR increases circulation and eliminates toxins such as sodium, alcohol, nicotine and heavy metals. Some have said that FIR heat therapy provides the same effects as mild exercise. 30 minute treatment \$30

Reduce appearance of cellulite by adding detox paraffin wax with the Infrared Dry Sauna only \$65

Waxing

Our waxing methods are the quickest and most effective techniques to keep your skin silky, touchable and "hair free" (hard and soft cream waxes available). We regret that waxing services cannot be performed on clients taking Accutane, Retina, AHA or any antibiotics due to the sensitivity of the skin. Lasts 3 to 4 weeks.

| \$10 ea/3 for \$30 |
|--------------------|
| \$18 and up |
| \$36 and up |
| \$36 and up |
| \$30 and up |
| \$50 and up |
| \$25 and up |
| \$25 and up |
| \$40 and up |
| \$36 and up |
| \$36 and up |
| |

Let us come speak to your organization or school about skin care!



"WE BECOME WHAT WE THINK ABOUT"



There is no simpler way to "relax and let go" than to visit our wellness spa. Soothing massages and beautifying facials are just a couple of the heavenly spa treatments that provide a healing retreat from your everyday routine— and are affordable.

Massages that rejuvenate

Swedish/Relaxation

Deep/Neuromuscular

Sports

Aromatherapy

Hot Stone

Pre-Natal



All massages include, as needed: ultrasound, aromatherapy, ETPS/Tens, stretching and hot or cold packs.

Integrated Therapy

| 1/2 Hour Swedish/Relaxation | \$40 |
|--------------------------------|--------------|
| 1 Hour Swedish/Relaxation | \$75 |
| 1 Hour Deep Tissue | \$80 |
| Neck, Back & Shoulder 1/2 Hour | \$40 |
| Hot Stone Massage 1 Hour | \$110 |
| Pre-Natal 1 Hour | \$80 |
| Oxygen Add On Service | \$10 |
| LED Therapy Add On Service\$ | 31per minute |
| | |





Acne Before / After

Facials that leave your skin feeling soft and smooth

Back-to-School Acne Facial

This acne facial deep cleanses with an ionic scrubber, which removes deep embedded debris from the skin painlessly! Warm towels loosen blackheads for easier manual extractions. A mineral clay mask continues to pull out impurities from the skin; 20 minutes of Blue Light Emitting Diode (LED) Therapy has been found to kill the acne vulgaris bacteria; followed with oxygen to the face to continue to kill the acne vulgaris bacteria and brighten the complexion. The application of bovine Cryo-Stem cells accelerates the rate of healing and reduces scarring. \$125

Ginkgo Biloba Hydrating Facial

Is great for all skin types, and especially beneficial for mature skin. Contains Gingko Biloba extract, collagen, soy protein and rice starch to revitalize dull skin by stimulating circulation, replenishing moisture and neutralizing free radicals. \$65

Oxygen Facial with Vitamins

Deep cleanse with an Enzyme Wash, a "Botanical Scrub Enzyme Mask," followed by oxygen and liquid vitamins for the face. Revitalize your face with vitamins A, C, E and B complex. Great for acne, scars, rosaceae, eczema. sunburns, burns and sensitive skin. (Expect to pay up to \$195 at other spas or salons). \$85

Back Facial

Includes: warm towels, exfoliation, gentle extractions of impurities, a light massage and soothing mask. \$65

The God Father... a Manly Man's Facial

Relaxing and therapeutic facial designed for guys, focuses on deep cleansing, exfoliation and extractions (if needed). Includes hot towels and aromatherapy. Finishing with a custom mask massaged into the face, neck and shoulders, so skin feels clean, hydrated and refreshed. A must for anyone with excess stress and tension. \$60

Perfect Peel

The future of skin rejuvenation, this unique formula debuts a new era in skin health, and as we simply state: "Perfection - The Future of Skin Rejuvenation." The Perfect Peel founds itself on a key anti-aging ingredient never before used in a peel: Glutathione. Glutathione works from the inside to repair and nourish the skin by giving it a radiant glow, as well as refining pores, improving skin hyper-pigmentations, lifting melasma (hyper-pigmentation), diminishing fine lines and wrinkles, eliminating acne and preventing acne marks. Clinically proven to be effective in destroying skin cancer cells, the Perfect Peel delivers vast improvement with just 1 treatment; however 4 - 6 sessions may be necessary with mature or problem skin. \$200

Glycolic Peels

To rejuvenate younger looking skin. This peel re-textures and softens dry, sun-damaged skin, and evens pigmentation while deep cleansing and unclogging and shrinking pores. Safe enough to do every two weeks. For optimal results, a series of six (6) to twelve (12) treatments are recommended, the number of treatments may vary depending on skin condition, genetics and age. \$25 per treatment

Add On Options:

Cryo-Stem Serum "Add on" helps with lines/wrinkles, scarring and expedites healing. Great with any peel or facial. \$35 - \$50 Our product lines are organic and available for home use.

All Facials include deep-cleansing with ionic scrubber and extractions, if needed.

Experience a more youthful "you" from our skin care treatments!

Remember to refer a friend and get \$10 off your next service(s) of \$70 or more.

Give Yourself a Gift! If it's your birthday, enjoy massages during the entire month of your birthday, at \$10 off the regular price. Take advantage of this offer and book several sessions.

*Prices subject to change without notice.